



In Sync!™



PMDAlliance
Parkinson & Movement Disorder Alliance

A Workshop for Movement Disorder Support Group Leaders

APRIL 24-25, 2019

GRAND RAPIDS, MI



Hampton Inn Grand Rapids Airport
5200 28th Street SE
Grand Rapids, MI, 49512



Thursday April 24: 2:00-6:00 PM
Friday April 25: 8:30 AM- 2:00 PM



FREE for volunteer leaders,
includes meals & lodging

Do you anchor a support group for Parkinson's or another movement disorder?

Are you interested in starting a support group, or becoming more involved in your group?

Support Group Leaders need support too! Join us to learn, network, and energize!

- **What it Takes.** Styles of leadership and influence in support groups
- **Group Sustainability.** Starting strong, staying strong, and creating a strong future
- **Getting the Word Out.** Practical ways to use old and new media to publicize your group
- **Supporting Members in Transition.** When life and the disease demand changes
- **I'm Stumped: Ask the Doctor Q&A.** How to address medical questions your group asks you;
- **Support Group in a Box.** Your own toolkit to take home
- **Size Matters- Affinity Groups.** Structured facilitated discussions related to your group's size

Registration and more information:
www.pmdalliance.org
800.256.0966

PMDAlliance is a national 501(c)(3) non-profit organization dedicated to enhancing the everyday lives of people affected by movement disorders through education and support.