



# In Sync!™



**PMDAlliance**  
Parkinson & Movement Disorder Alliance

## ***A Workshop for Movement Disorder Support Group Leaders***

### **MARCH 28-29, 2019**

### **NASHVILLE, TN**



Holiday Inn Nashville Vanderbilt  
2613 West End Ave,  
Nashville, TN 37203



Thursday March 28: 2:00-6:00 PM  
Friday March 29: 8:30 AM- 2:00 PM



FREE for volunteer leaders,  
ask us about travel scholarships

*Do you anchor a support group for Parkinson's or another movement disorder?*

*Are you interested in starting a support group, or becoming more involved in your group?*

*Support Group Leaders need support too! Join us to learn, network, and energize!*

- **What it Takes.** Styles of leadership and influence in support groups
- **Group Sustainability.** Starting strong, staying strong, and creating a strong future
- **Getting the Word Out.** Practical ways to use old and new media to publicize your group
- **Supporting Members in Transition.** When life and the disease demand changes
- **I'm Stumped: Ask the Doctor Q&A.** How to address medical questions your group asks you;
- **Support Group in a Box.** Your own toolkit to take home
- **Size Matters- Affinity Groups.** Structured facilitated discussions related to your group's size

Registration and more information:  
[www.pmdalliance.org](http://www.pmdalliance.org)  
800.256.0966

*PMDAlliance is a national 501(c)(3) non-profit organization dedicated to enhancing the everyday lives of people affected by movement disorders through education and support.*