



# In Sync!™




**PMD Alliance**  
Parkinson & Movement Disorder Alliance


## ***A Workshop for Movement Disorder Support Group Leaders***


*in partnership with the Parkinson Foundation of Western Pennsylvania*

### **JUNE 14, 2019**

### **PITTSBURGH, PA**

 DoubleTree Hotel Pittsburgh-Cranberry  
910 Sheraton Dr  
Mars, PA 16046

 Friday June 14: 9:00 AM- 3:30 PM

 FREE for volunteer leaders,  
ask us about travel scholarships

*Do you anchor a support group for Parkinson's or another movement disorder?*

*Are you interested in starting a support group, or becoming more involved in your group?*

*Support Group Leaders need support too! Join us to learn, network, and energize!*

- **What it Takes.** Styles of leadership and influence in support groups
- **Group Sustainability.** Starting strong, staying strong, and creating a strong future
- **Getting the Word Out.** Practical ways to use old and new media to publicize your group
- **I'm Stumped: Ask the Doctor Q&A.** How to address medical questions your group asks you
- **Support Group in a Box.** Your own toolkit and reference guide to take home
- **Size Matters- Affinity Groups.** Structured facilitated discussions related to your group's size

Registration and more information:  
[www.pmdalliance.org](http://www.pmdalliance.org)  
800.256.0966

*PMDAlliance is a national 501(c)(3) non-profit organization dedicated to enhancing the everyday lives of people affected by movement disorders through education and support.*