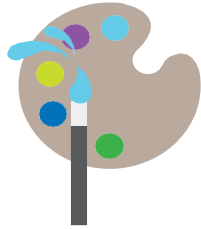


# Connecting Through art



**When:** July 20th at 11:00A.M.

**Where:** Zoom

**Registration:** Please call Nicole at 1-773-834-1688 or email at:

Nicole.reidy@uchicagomedicine.org

**Theme:** Translating Music Through Art

## APDA Virtual Connecting Through Art

**Connecting Through Art** is a creative arts program that offers people with Parkinson Disease the space and ability to express feelings, emotions, and daily concerns through the activity of drawing and painting. This program encourages participants to socialize virtually as they participate and share in this painting art activity. For people with Parkinson's, participating in an art activity can help improve some of the symptoms of PD.

Come explore moving from music to art making in this interactive art workshop. Learn about synesthesia and the art practice of Kandinsky and other artists who use music to inspire their making. We will listen to music and explore translating the sounds into mark making. Please bring paper, writing utensils (markers, watercolor, color pencils, pastels, color pens, or just a #2 pencil) and an openness to engaging your creativity! No previous art experience required. This workshop is designed for older adults 55 and better.

It is open to any adult who has been diagnosed with Parkinson's disease and their care partners.

The Connecting Through Art program will be facilitated by Art Therapist Ruthe Guerry, at Mather who will guide participants through a painting activity with the opportunity to share reflections and thoughts about the painting exercise and journey with Parkinson Disease.

The program is free, but registration is required.

**For additional information, including ADA accommodations, please contact:**

[apdaparkinson.org](http://apdaparkinson.org)

Program Sponsor



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