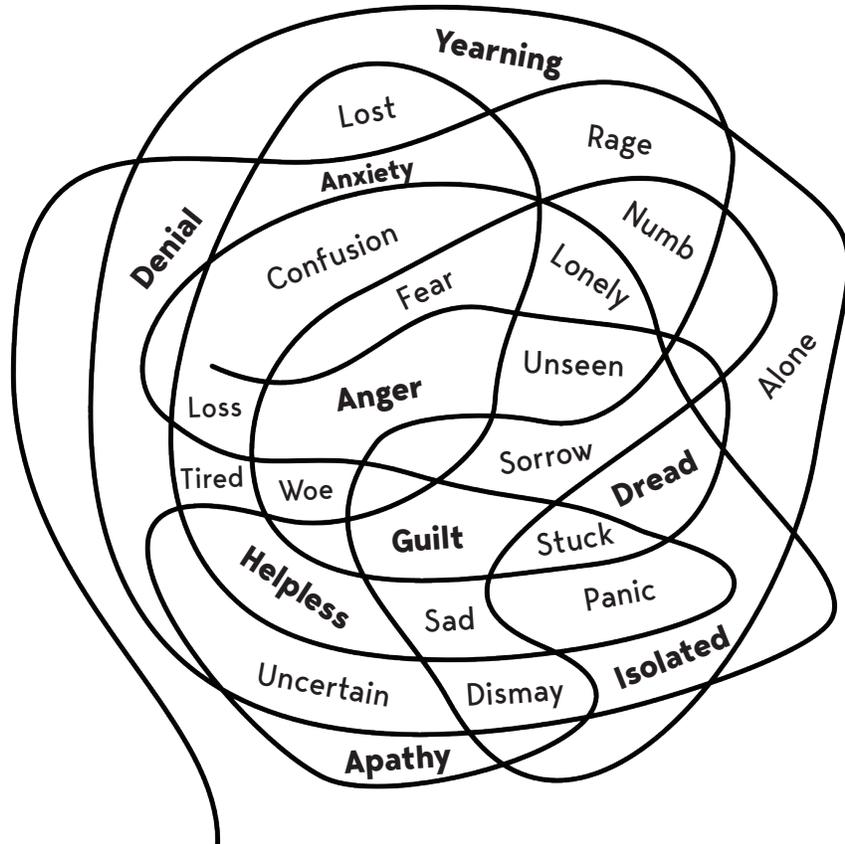


# Untangling the Web of *Ambiguous Loss*



What I Need  
From Others

Things I Can Do to  
Care for Myself

Things I Want to  
Say to Myself



**PMD Alliance**  
Parkinson & Movement Disorder Alliance