

Acknowledging Purpose During Adversity

Do you feel a lack of purpose since your Parkinson Disease diagnosis?

This support group focuses on identifying loss and lack of purpose since the diagnosis of Parkinson Disease. Each week is focused on different topics, which include:

- Loss, Grief, and Resiliency
- Bad Things Do Happen to Good People
- Transforming Trauma into Triumph
- Implementing Your Purpose and Strengths

This program is free. Space is limited and registration is required.

Program Presented Virtually via Zoom

Date: Every Thursday, February 29th – April 4th 2024

Time: 10:00A.M. – 11:30 AM CT



To register or for additional information please contact Nicole Reidy, DSW, at 1-773-834-1688 or Nicole.Reidy@uchicagomedicine.org