

are related to the timing of their medication. This checklist was designed to help you to identify what might be OFF time and to plan conversations with loved ones and physicians.

**[DOWNLOAD HERE](#)**



#### Community

### **Welcome Mallard Bay and Chestertown Nursing & Rehab to the CPDC Community!**

"Our goal is to provide hope and healing by helping those individuals achieve their highest level of physical, emotional, and spiritual well-being."

**[SAY CONGRATS](#) | [GET CONNECTED](#)**



# CPDC

Certified Parkinson Disease Care™

## **November Digest**

Learn with us and build your Parkinson Disease care community!

We're here to provide monthly educational content that's engaging, accessible, and brings value to your staff and the people they serve. This tool exists not only to foster confidence in care providers, but also to help you invite residents and their families to grow their knowledge, which is why CPDC Digest resources are built to share!

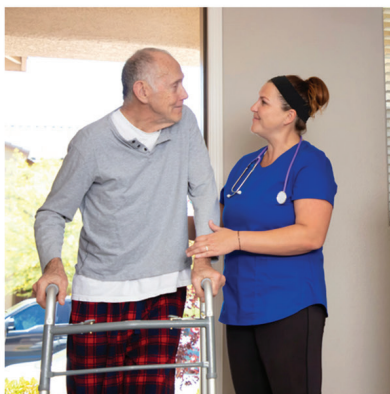


#### Education

### **Understanding the Impact of Medication Timing in People with Parkinson's Disease**

By understanding and addressing medication off times, caregivers can contribute to enhancing the well-being of those with Parkinson's.

**[LEARN MORE](#)**



#### Education

### **Experiencing Wearing Off in Your Residents with PD**

One of the most important factors for getting a smooth response with Parkinson disease medications is recognizing the signs and symptoms of PD that might slowly creep up between doses.

**[READ MORE](#) | [WATCH THE VIDEO](#)**



#### Resource

### **Wearing OFF Checklist**

Because OFF time can present in

## **Share & Inspire!**

Making a difference in your communities! Is your staff making and/or exercise groups? Has your staff made a difference for those living with PD? Share your story [here](#) so we can spotlight on the important work you do.

Thank you for all you do to serve the PMD community,

*Julissa Schneider*

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Alliance Senior Manager of CPDC

In collaboration with

**LSVT**  
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**CPDC™ Monthly Digest**