

# Agenda



WEDNESDAY, NOVEMBER 20		ROOM
8:00am – 10:00am	<b>Check-In &amp; Exhibits</b>	
<b>Wellness Moments</b> 9:00am – 10:00am	<b>Journey of the Joints</b> Nanci Winterhalter	DeWitt
	<b>Sip Coffee and Paint</b> Cindy Martin	Robertson
	<b>Sequence of Movements</b> Darbe Schlosser	DeZavala
10:00am – 10:20am	<b>Welcome</b> Andrea Merriam, CEO of PMD Alliance	Phoenix Ballroom
10:20am – 11:00am	<b>From Isolation to Community: The Impact and Future of Parkinson's Support Groups</b> Robert Cochrane, PhD	Phoenix Ballroom
11:00am – 11:10am	<b>Networking and Exhibits</b>	
11:00am – 11:10am	<b>Wellness Moment: Moving the Chi</b> Julie Worden	Phoenix Ballroom
<b>Breakout Session 1</b> 11:10am – 11:50am	<b>Good Sleep is the Foundation for Wellness</b> Okeanis Vaou, MD; Larry Gifford	Phoenix Ballroom
	<b>Building a Mentorship Program in Your Community</b> Susan Lehman	DeWitt
	<b>Inclusive Groups and Supporting Atypical Parkinsonisms</b> Kathleen Carter, Kelsey Woods	DeZavala
	<b>The Ripple Effect of Parkinson's</b> Lori and Mike DePorter	Austin
	<b>Ending Parkinson's Toolkit for Support Group Leaders</b> Janie Williams and Eda Baykal-Caglar	Robertson
11:50am – 12:00pm	<b>Networking and Exhibits</b>	
12:00pm – 1:00pm	<b>Lunch</b> <i>Sponsored by Abbvie</i>	
1:00pm – 1:10pm	<b>Networking and Exhibits</b>	
1:10pm – 2:00pm	<b>MY PD Care Tracker Tool</b> Abbvie Medical	Phoenix Ballroom
2:00pm – 2:50pm	<b>Rebranding Parkinson's</b> Laurie Mischley, ND, PhD, MPH; Maria de León, MD	Phoenix Ballroom
2:50pm – 3:00pm	<b>Networking and Exhibits</b>	
<b>Breakout Session 2</b> 3:00pm - 3:30pm	<b>Power for Parkinson's</b> Lauren Lewis	DeWitt
	<b>Functional and Fun Movement-Based Activities</b> Kristi Richards	DeZavala
	<b>Date Night in the Afternoon for Couples</b> Judith Sachs	Austin
	<b>BIG BOLD AND BEAUTIFUL ART</b> Clara Kluge	Robertson
3:30pm – 3:40pm	<b>Networking and Exhibits</b>	
3:40pm – 5:00pm	<b>Screening of "The Only Day We Have" and Panel Discussion</b> Panel To Be Announced	Phoenix Ballroom

# Agenda, cont.



THURSDAY, NOVEMBER 21		ROOM
7:30am – 8:30am	<b>Workout with Jimmy Choi</b> <i>Sponsored by Alora Pharmaceuticals</i>	Austin
8:00am – 9:00am	<b>Sip Coffee and Paint</b> Cindy Martin	Robertson
9:00am – 10:00am	<b>Breakfast</b> <i>Sponsored by Acadia</i>	
10:00am – 10:10am	<b>Welcome</b> To Be Announced	Phoenix Ballroom
10:10am – 11:00am	<b>Support After Diagnosis: A Panel Discussion</b> Indu Subramanian, MD; Lauren Simmons; Amparo Garcia-Crow	Phoenix Ballroom
11:00am – 11:10am	<b>Networking and Exhibits</b>	
<b>Breakout Session 3</b> 11:10am – 11:50am	<b>Loneliness, Stigma, and the Role of Support Groups</b> Indu Subramanian, MD; Laura Marsh, MD	Phoenix Ballroom
	<b>Leading So Others Follow</b> Greg Ritscher, BJ Bement	DeWitt
	<b>Redefining Aging Services: A Visionary Blueprint for the Decades Ahead</b> Bob Roth	DeZavala
	<b>Reframing Care Partner Programming</b> Larry and Rebecca Gifford	Austin
	<b>Using Storytelling to Build Community, Connection and Confidence in Support Groups</b> Bernard and Denise Coley	Robertson
11:50am – 12:00pm	<b>Networking and Exhibits</b>	
12:00pm – 1:00pm	<b>Lunch</b> <i>Sponsored by Supernus</i>	
1:00pm – 1:10pm	<b>Networking and Exhibits</b>	
1:10pm – 2:00pm	<b>Improv for Work and Wellness</b> Daniel Dumsha, Rosemary Morrison, Larry Gifford, Robert Cochrane, Clara Kluge, BJ Bement	Phoenix Ballroom
2:00pm	<b>Farewell</b>	

**Join us for extra fun throughout the Summit!**

TUESDAY, NOVEMBER 19		LOCATION
3:00pm – 4:00pm	<b>Power for Parkinson Open House</b>	5555 N Lamar Blvd. Ste L121, Austin, TX
5:00pm – 8:00pm	<b>Welcome Reception</b> Hosted by GAPS	Colonnade

WEDNESDAY, NOVEMBER 20		LOCATION
7:00pm – 8:00pm	<b>Evening Fun in the City: Duelling Pianos</b>	Pete's Dueling Piano Bar 421 E 6th St, Austin, TX

**Don't forget to stop by the Art Auction hosted by The Quiver!  
Visit their exhibit table throughout the Summit to learn more.**